

Occupation-based Home Assessment

Client Name: NICK SCHVITZ

Date of Assessment: 9/6/14

Type of Housing: house X apartment _____ mobile/motor home _____ Other _____

Residents in home: 2 residents (Male - 29), (Female - 27)

Area outside and immediately surrounding the home:

What occupations, if any, take place in the area immediately surrounding the home and/or inside the garage? Park cars in garage

Terrain: Incline Grass Pavement Other

Porch/Patio/Balcony/N.A.

Surface material: concrete

Number of stairs: 0

Height of stairs: N/A

Railing present (location, height, ease of use): NO

Type and width of door to area: sliding glass door; 25 1/2"

Type of furniture/ease of use: None

Plugs/switches (location, height, ease of use): 1 outlet, 12"

Yard

Maintenance required: sweeping occasionally

How maintenance is completed currently: resident sweeps

Equipment/activities present (play, hobby, work, machinery): N/A

Ease/efficiency of use of equipment: easy

Garage/workshop

How many cars: 2

Proximity of cars to entrance: 5'

Number and height of steps from garage to entrance: 1 step, 3 1/2"

Kitchen

List all occupations that take place in the kitchen and the primary users of this space:

- meal preparation, cooking, eating, feeding
- 2 residents use kitchen space

Width of doorway into kitchen: 56 1/2"

Height of kitchen dining table: 36"

Height of countertops: 36 1/2"

Continuous surfaces for sliding objects? YES

Type of stove: GAS

Types and location of controls on stove/burners: Twist knobs, in front of stove

Types of controls on oven: PUSH buttons, above burners

Height of oven: 30 1/2"

Effort needed to open/close oven: APPROX 10lbs of force to open, moderately easy

Are pots/pans too heavy or do they get too hot? NO, heat resistant handles

Type of refrigerator: SWING doors, side-by-side freezer

Height of handles and refrigerator shelves: 37", shelves 10"-51" High

Depth of shelves: 17"

Dishwasher controls: BUTTONS

Ease of loading/unloading: EASY

Ease of transporting items: EASY

Plugs/switches: height, ease of use: 44" high (5 outlets)

Storage (ability to reach, handles, organization, amount): pantry has easy access, some shelves high, good organization

DME typically used in this area: NONE

Ways to improve occupational performance, improve mobility, and/or improve safety in kitchen area?

- improve occupational performance by organizing shelves with items used frequently closer to the edge of the cabinets, utilize stool to reach items placed in shelves that are out of reach, utilize pull out drawers in cabinets to avoid searching for items. GOOD SUGGESTIONS FOR THIS CATEGORY.

Height and type of Lighting: Flip switch, ceiling lights

Ease of access to lighting by the bed: switches 1' from door

DME typically used in this area: none

Ways to improve occupational performance, improve mobility and/or improve safety in bedroom area?

- Utilize a lamp near bedside to avoid ambulating in dark room.

Living room

Occupations that take place in the living room:

- Leisure activities - TV, reading

Doorway width: 33" (accessed from front entrance)

Most used furniture (type and height): couch - 3 seats - 19"

Locations and Ease of access to electronics: easily accessible, against wall

Types and controls of window coverings: Manual blinds

Types of controls to open/close windows: Manual slide locks

Storage (type, access, organization): closet (accessed from hallway) 33", shelf storage

DME typically used in this area: none

Ways to improve occupational performance, improve mobility, and/or improve ease of use in living room area?

- Utilize a lamp near the couch on the end table to avoid ambulating in dark room.

Cleaning:

Laundry (front/side load, controls, storage of detergent): Top load washer, front load dryer
controls on top
detergent on shelf above

Supplies (able to reach, organization, location): under kitchen sink - downstairs
above washer/dryer on shelf - upstairs

Garbage removal (bags, process, transport): trash cans located on side of house
trash pickup on Tues and Fri

Summary: List the top 5 modifications to the space that you feel would have the biggest impact on improving occupational performance, mobility, and/or safety in the home.

1. bedside lamp - easy access to a light to prevent falls during the night.
2. step stool - provided in the kitchen to eliminate instability while obtaining items in cabinets.
3. Non slip mat - placed in bathroom to prevent falls
4. Night light - placed in hallways to prevent injury or fall
5. slide drawers - placed in kitchen cabinets to provide organization and ease to access items.

Additional recommendations:

Place 1 step stool upstairs and 1 step stool downstairs in order to
↓ expended energy.

All appropriate needs to ↑ safety within the home env't as well as promotion of energy conservation pertaining to a 2 SH set-up.

Occupational Therapist Name Printed: Jaclyn Jerse, OTS

Signature: Jaclyn Jerse

Date and time: 9/6/14, 10:00 am